

**LENT SEASON HAS BEGUN!**  
Whether you're looking for traditional Lenten meals...or interested in trying something new, like McKinnon's Own Haddock Pie or Stuffed Salmon, we've got a wide selection of Seafood options!

**McKinnon's**   
**SUPERMARKET & SUPER BUTCHER SHOP**

**YOU DESERVE SOME REWARDS!**



**EARN POINTS** and **SAVE** with monthly specials all throughout the store!  
Scan the QR code for this month's offers!

**produce picks!**



Fresh Tender Asparagus **\$2.99** lb.

**fresh deli deals!**

**Hormel**  
Domestic Ham **\$3.99** lb.

**Margherita** YOUR CHOICE!  
**Stella** YOUR CHOICE!  
Genoa Or Hard Salami **\$5.99** lb. **SAVE UP TO \$3** lb.  
Mozzarella Or Provolone Cheese **\$4.99** lb.



**USDA A GRADE**  
Family Pack • Skinless Boneless Chicken Thighs **\$1.99** lb. **GREAT PRICE!**



Sweet & Crunchy Seedless Red Grapes **\$1.99** lb.

**prepared for you!**



YOUR CHOICE!  
Over Pasta **McKinnon's Own**  
Chicken Piccata Or Marsala **\$7.49** lb.

**reel in big savings on seafood for your lenten meals!**

Fresh • Atlantic Farm Raised Salmon Fillets **\$8.99** lb.

MILD & SWEET SIMILAR TO LOBSTER OR SCALLOPS  
Fresh Monkfish Fillets **\$10.99** lb.

**McKinnon's Own** Made Fresh In Store!  
Seafood Stuffed Haddock **\$12.99** lb.

Great For Fried Calamari! • 16 oz. Bag  
Alvor Seafood Squid Rings **\$8.99** ea.

16 oz. Bag Best Yet 26-30 ct. Cooked Shrimp **\$7.99** ea.

**our Best Angus**



All Varieties • Family Pack Marinated Sirloin Steak Tips **\$14.49** lb.

**U.S.D.A. PRIME** Superior Marbling & Tenderness!  
Prime Boneless Ribeye Steaks **\$19.99** lb.

**U.S.D.A. CHOICE BEEF**  
Flat Iron Steaks **\$8.99** lb.

**U.S.D.A. SELECT** Family Pack Boneless Ribeye Steaks **\$13.89** lb. **Roasts TOO!**

**U.S.D.A. CHOICE BEEF** Great For Stews! Oxtails **\$9.99** lb.

**McKinnon's Own** NEW ITEM!  
12 oz. Pkg. Premium Ribeye Shaved Steak **\$9.99** **SAVE \$1**

**fresh chicken selections**



Family Pack • Bone-In Chicken Thighs **\$1.49** lb.



Any Size Pkg. • Thin Sliced Chicken Cutlets **\$4.49** lb.



Made Fresh In Store! • Cordon Bleu, Spinach Feta & More! • Boneless Stuffed Chicken Breast **\$6.99** lb.



Made Fresh In Store! • Garlic Cheese, Sweet Italian & More!  
Chicken Sausages **\$3.88** lb.



All Varieties Marinated Chicken Wingettes **\$3.99** lb.



Made Fresh In Store! • Steakhouse, Spinach Feta & More!  
Gourmet Turkey Patties **\$9.99** lb.

**fresh pork**



Family Pack • Boneless Center Cut Pork Chops **\$2.49** lb.

Great For Pulled Pork!  
Fresh Boneless Pork Butt **\$2.99** lb.

Thick & Meaty Baby Back Pork Ribs **\$2.99** lb. **Great Flavor Smoker!**

**McKinnon's Own** Made Fresh In Store With Spinach & Provolone!  
Pork Florentine **\$3.99** lb.

For Chicharrones!  
Fresh Boneless Pork Belly **\$4.99** lb.

Gluten Free Too! • 12 oz. Pkg. Bell & Evans Battered Chicken Breast Tenders Or Nuggets **\$6.99** **SAVE \$1**

Spring Training Is Here Already! • 14 oz. Pkg. Fenway Meat Franks **\$4.99** **SAVE \$1**

With CapriSun Drink 8.9 - 10.7 oz. Pkg. Lunchables Lunch Kits **2/\$6** **SAVE \$1.38 on 2**

**WE OFFER**  
Beef Marrow Bones, Duck Breast & Legs, Chicken Feet, Livers & Hearts, Pork Hocks, Lamb Shanks & More!  
CALL US TO SPECIAL ORDER TODAY!

**make it Italian tonight!**

Barilla Specialty Pasta Gluten Free Or Protein+ 8.8 - 14.5 oz. Box **2/\$4** **SAVE \$1.98 on 2**  
Best Yet Shredded Cheese 6 - 8 oz. Bag **2/\$4** **SAVE \$1.38 on 2**  
Tuttorosso Tomatoes 28 oz. Can **2/\$3** **SAVE \$1.78 on 2**  
Mutti Tomatoes Italy's #1 Brand! • Whole Peeled Or Crushed • 27.8 - 28 oz. Can **2/\$6** **SAVE UP TO \$1.98 on 2**

**Mama Rosie's** Cheese Ravioli Or Potato Gnocchi 12 - 14.5 oz. Bag **2/\$5**  
**Near East** Rice Pilaf Mix Or Couscous • 4.7 - 10 oz. Box **2/\$3** **SAVE \$1.38 on 2**

**McKinnon's Own** Raffaella's Reserve Extra Virgin Olive Oil Arbequina • 750 mL Bottle **\$15.99** **SAVE \$2**

## farm fresh fruits & vegetables!



Sweet & Juicy  
**Cosmic Crisp Or  
Pink Lady Apples**  
**\$1.69** lb.



Sweet & Juicy  
**2 lb. Bag  
Sumo Oranges**  
**\$6.99** ea.



Great Sautéed! • Fresh  
**Zucchini Or  
Summer Squash**  
**\$1.69** lb.



Great For Guac!  
**Imported  
Hass Avocados**  
**4/\$5**



Fresh  
**Cut Watermelon  
Chunks**  
**\$3.99** lb.



Great Sautéed Or In Salads!  
**Loose  
Sweet Onions**  
**\$1.29** lb.



Great For Soups Or Snacks!  
12 oz. Bag • Sweet  
**Petite Carrots**  
**\$1.99** ea.



Assorted Varieties • 5 oz. Pkg.  
**Olivia's Organics  
Salad Blends**  
**\$3.29** ea.

### deli deals sliced to order!



McKinnon's Own  
All Natural • Thanksgiving Style  
**Turkey Breast Or  
EverRoast Chicken Breast**  
Boar's Head  
**\$9.99** lb. **YOUR CHOICE!**

Sharp White  
**Plain American Cheese Or  
NEW With Cracked Pepper**  
**\$5.99** lb. **YOUR CHOICE!**

Herbschman  
**Honey  
Ham**  
**\$7.99** lb.

Margherita  
**Hot Capicola**  
**\$6.99** lb.

### every kind of cheese to please!

100% Sheep's Milk  
Imported • Chunk  
**Pecorino  
Romano**  
**\$9.99** lb. **SAVE \$2.00**

Assorted Varieties • 8 oz.  
Parchment Wrapped  
**Cabot  
Cheddar Bars**  
**\$3.99** ea. **SAVE \$1.00**

Assorted Varieties  
Fresh • 8 oz. Cup  
**BelGioioso  
Mozzarella**  
**\$2.99** ea. **SAVE \$1.00**

LOCAL From Waltham, MA!  
5 oz. Chub Pkg.  
**Salt & Twine  
Artisan Salami**  
**\$6.99** ea. **SAVE \$2.00**

Made With Pure Sheep's  
Milk • Imported French  
**P'tit  
Basque**  
**\$9.99** lb. **WOW!** **SAVE \$15.00**

### fresh culinary creations!

With 2 Sides  
**Boneless  
Pork Chop  
Dinner**  
**\$4.99** lb.

**Shrimp  
Scampi  
Over Pasta**  
**\$5.88** lb. **LENTEEN SPECIAL!**

Made Fresh In Store!  
**Vegetable  
Lo Mein**  
**\$5.99** lb.

### fresh baked goodness

CHOCOLATE CHIP  
BLONDIES & MORE!  
**4 Pack  
Brownies**  
**\$5.49** ea. **SAVE 50¢**

Pride Gourmet • 10 oz. Pkg.  
**Angel  
Food Cake**  
**\$5.99** ea. **SAVE \$1.00**

Great With Fish! McKinnon's Own  
**Broccoli Crunch  
Salad With Bacon**  
**\$6.49** lb.

Great With Fish! McKinnon's Own  
**Superfood  
Crunchy Salad**  
**\$7.99** lb.

17.6 oz. • Sour Dough Or  
**Backerhaus  
Tuscan Loaf**  
**2/\$6** **SAVE \$1.98 on 2**

Two-Bite • 12 oz. Tub  
**Cinnamon  
Rolls**  
**\$4.29** ea. **SAVE 70¢**

### snack attack!

**Doritos Tortilla Chips**  
OR  
**Cheetos Cheese Puffs**  
OR  
**Ruffles Potato Chips**  
**\$3.99** **SAVE \$1.50**

**Chips Ahoy! Or  
Oreo Cookies**  
**\$2.99** **SAVE UP TO \$3.00**

**Utz Potato  
Chips**  
**2/\$6** **SAVE \$3.98 on 2**

**Chex Mix Or  
Bugles Snacks**  
**2/\$5** **SAVE \$2.38 on 2**

**Hostess  
Snack Cakes**  
**2/\$6** **SAVE \$3.58 on 2**

### wake up to the best breakfast buys!

General Mills  
12 - 16.8 oz. Large Size Box  
**Lucky Charms Or  
Cheerios Cereal**  
**2/\$6** **SAVE UP TO \$6.98 on 2**

10 - 12 oz. Bag  
**Dunkin'  
Ground Coffee**  
**\$7.99** **SAVE \$4.00**

16 - 17.2 oz. Pkg.  
**Dole Fruit  
Bowls 4 Pack**  
**2/\$6** **SAVE \$1.98 on 2**

20 oz. Pkg.  
**Nature's  
Own Bread**  
**\$3.49** **SAVE \$1.10**

10.3 - 12.6 oz. Box  
**Quaker Cap'n  
Crunch Cereal**  
**2/\$7** **SAVE \$3.58 on 2**

13 oz. Box  
**Quaker  
Life Cereal**  
**2/\$6** **SAVE \$2.98 on 2**

64 fl. oz. Bottle  
**Mott's 100%  
Apple Juice**  
**2/\$5** **SAVE \$4.18 on 2**

14 - 16 oz. Pkg.  
**Pepperidge Farm  
Swirl Bread**  
**2/\$8** **SAVE \$1.38 on 2**

Albacore • 5 oz. Can  
**Bumble Bee  
Solid White Tuna**  
**2/\$4** **SAVE 98¢ on 2**

10.75 oz. Can • Chicken  
Noodle Or Tomato  
**Campbell's Soup**  
**2/\$3** **SAVE 98¢ on 2**

14.5 - 24 oz. Jar  
**Prego  
Pasta Sauce**  
**2/\$5** **SAVE \$2.38 on 2**

20 oz. Bottle  
**Heinz Tomato  
Ketchup**  
**\$3.29** **SAVE 50¢**

Microwave • 2.05 - 2.39 oz. Pkg.  
**Kraft Mac &  
Cheese Cups**  
**2/\$3** **SAVE 98¢ on 2**

10 oz. Pkg.  
**Cedar's Organic  
Hommmus**  
**\$2.99** **SAVE 60¢**

### clean up these deals!

**Tide Laundry Detergent**  
**\$13.99** **WOW!** **SAVE \$7.00** **SAVE \$2.00**

Liquid • 11.25 fl. oz. Bottle  
**Softsoap  
Hand Soap**  
**\$2.99** **SAVE 50¢**

12.2 - 18 fl. oz. Bottle  
**Dawn Dish  
Detergent**  
**2/\$7** **SAVE 98¢ on 2**

12 fl. oz. Cans • Diet Pepsi,  
Mountain Dew Or  
**Pepsi Cola 12 Pack**  
**\$6.99** **SAVE \$4.00**

16.9 fl. oz. Bottles  
Sprite, Diet Coke Or  
**Coca-Cola 6 Pack**  
**2/\$12** **SAVE \$5.98 on 2**

50 fl. oz. Bottle  
**FIJI Artesian  
Water**  
**2/\$5** **SAVE 78¢ on 2**

Herbal • 20 ct. Box  
**Celestial  
Seasonings Tea**  
**2/\$7** **SAVE \$1.98 on 2**

### giving you the dairy best deals!

52 fl. oz. Carton  
**Florida's Natural  
Orange Juice**  
**2/\$6** **SAVE \$5.38 on 2**

4 - 4.5 oz. Pkg.  
**Sargento Balanced  
Breaks Snacks**  
**2/\$6** **SAVE \$2.58 on 2**

48 fl. oz. Bottle  
**Califia Farms  
Cold Brew Coffee**  
**\$4.49** **SAVE \$1.50**

5.3 oz. Cup  
**Two Good  
Greek Yogurt**  
**4/\$5** **SAVE \$3.00 on 4**

32 fl. oz. Bottle  
**Planet Oat  
Oatmilk Creamer**  
**2/\$5** **SAVE \$2.98 on 2**

Dannon • 16 oz. Pkg.  
**Activia Probiotic  
Yogurt 4 Pack**  
**2/\$5** **SAVE \$2.38 on 2**

18.6 fl. oz. Pkg.  
**Danimals Yogurt  
Smoothies 6 Pack**  
**2/\$6** **SAVE \$1.98 on 2**

5.3 oz. Cup  
**ratio Keto  
Friendly Yogurt**  
**4/\$5** **SAVE \$2.56 on 4**

### frozen food favorites!

23.2 - 29.6 oz. Box  
**Eggo Waffles  
Family Pack**  
**\$4.99** **SAVE \$2.00**

9 - 13 oz. Box  
**J&J SuperPretzel  
Soft Pretzels**  
**2/\$6** **SAVE \$1.98 on 2**

12 - 16 oz. Bag  
**Dole Fresh  
Frozen Fruit**  
**2/\$7** **SAVE \$1.98 on 2**

18.3 - 19.64 oz. Box  
**Ellio's 9 Slice  
Pizza**  
**\$3.99** **SAVE \$1.00**

Italian • 8.4 - 9 oz. Box  
**Rao's Made For  
Home Entrées**  
**\$4.29** **SAVE \$1.70**

10 - 11.25 oz. Pkg.  
**Pepperidge Farm  
Garlic Bread**  
**2/\$5** **SAVE \$1.98 on 2**

### Danvers, MA

**La Crema  
Monterey  
Chardonnay**  
**\$17.99** **SAVE \$2.00**

Caymus Suisun • 750 mL  
**The Walking Fool  
Red Wine Blend**  
**\$28.99** **SAVE \$1.00**

12 fl. oz. Cans  
**Sierra Nevada  
Or Allagash  
White Beer  
12 Pack**  
**\$14.99** **SAVE \$2.00**

### New Hampshire

Asst. Varieties • 3 Liter Box  
**Black Box  
Wines**  
**\$18.99** **SAVE \$3.00**

750 mL • East Side  
Ridge Cabernet  
Sauvignon Or Rum  
Barrel Red Blend  
**Francis  
Coppola  
Diamond  
Prosecco**  
**\$12.99** **WOW!** **SAVE \$5.00**

Three  
Finger Jack  
Wines  
**\$12.99** **SAVE \$2.00**