

LENT SEASON HAS BEGUN!
 Whether you're looking for traditional Lenten meals...or interested in trying something new, like McKinnon's Own Haddock Pie or Stuffed Salmon, we've got a wide selection of Seafood options!

McKinnon's
SUPERMARKET & SUPER BUTCHER SHOP

YOU DESERVE SOME REWARDS!



EARN POINTS and **SAVE** with monthly specials all throughout the store!
 Scan the QR code for this month's offers!

produce picks!



Fresh Tender Asparagus **\$2.99** lb.

fresh deli deals!

Hormel
 Domestic Ham **\$3.99** lb.

Margherita YOUR CHOICE!
STELLA YOUR CHOICE!
 Genoa Or Hard Salami **\$5.99** lb. **SAVE UP TO \$3**
 Mozzarella Or Provolone Cheese **\$4.99** lb.



USDA A GRADE
 Family Pack • Skinless Boneless Chicken Thighs **\$1.99** lb. **GREAT PRICE!**



Sweet & Crunchy Seedless Red Grapes **\$1.99** lb.

prepared for you!



YOUR CHOICE!
 Over Pasta **McKinnon's Own**
 Chicken Piccata Or Marsala **\$7.49** lb.

reel in big savings on seafood for your lenten meals!

Fresh • Atlantic Farm Raised Salmon Fillets **\$8.99** lb.

MILD & SWEET SIMILAR TO LOBSTER OR SCALLOPS
 Fresh Monkfish Fillets **\$10.99** lb.

McKinnon's Own
 Made Fresh In Store!
 Seafood Stuffed Haddock **\$12.99** lb.

Great For Fried Calamari! • 16 oz. Bag
 Alvor Seafood Squid Rings **\$8.99** ea.

16 oz. Bag Best Yet 26-30 ct. Cooked Shrimp **\$7.99** ea.

our Best Angus



All Varieties • Family Pack Marinated Sirloin Steak Tips **\$14.49** lb.

U.S.D.A. PRIME Superior Marbling & Tenderness!
 Prime Boneless Ribeye Steaks **\$19.99** lb.

U.S.D.A. CHOICE BEEF
 Flat Iron Steaks **\$8.99** lb.

U.S.D.A. SELECT Family Pack Boneless Ribeye Steaks **\$13.89** lb. **Roasts TOO!**

U.S.D.A. CHOICE BEEF Great For Stews!
 Oxtails **\$9.99** lb.

McKinnon's Own **NEW ITEM!**
 12 oz. Pkg. Premium Ribeye Shaved Steak **\$9.99** **SAVE \$1**

12 oz. Pkg. Kayem Thick Cut Bacon **\$6.99** **SAVE \$1**

Gluten Free Too! • 12 oz. Pkg. Bell & Evans Breaded Chicken Breast Tenders Or Nuggets **\$6.99** **SAVE \$1**

Spring Training Is Here Already! • 14 oz. Pkg. Fenway Meat Franks **\$4.99** **SAVE \$1**

With CapriSun Drink 8.9 - 10.7 oz. Pkg. Lunchables Lunch Kits **2/\$6** **SAVE \$1.38 on 2**

WE OFFER
 Beef Marrow Bones, Duck Breast & Legs, Chicken Feet, Livers & Hearts, Pork Hocks, Lamb Shanks & More!
CALL US TO SPECIAL ORDER TODAY!

fresh chicken selections



Family Pack • Bone-In Chicken Thighs **\$1.49** lb.



Any Size Pkg. • Thin Sliced Chicken Cutlets **\$4.49** lb.



Made Fresh In Store! • Cordon Bleu, Spinach Feta & More! • Boneless Stuffed Chicken Breast **\$6.99** lb.



Made Fresh In Store! • Garlic Cheese, Sweet Italian & More!
 Chicken Sausages **\$3.88** lb.



All Varieties Marinated Chicken Wingettes **\$3.99** lb.



Made Fresh In Store! • Steakhouse, Spinach Feta & More!
 Gourmet Turkey Patties **\$9.99** lb.

fresh pork



Family Pack • Boneless Center Cut Pork Chops **\$2.49** lb.



Great For Pulled Pork!
 Fresh Boneless Pork Butt **\$2.99** lb.



Thick & Meaty Baby Back Pork Ribs **\$2.99** lb.
McKinnon's Own Made Fresh In Store With Spinach & Provolone!
 Pork Florentine **\$3.99** lb.
 For Chicharrones!
 Fresh Boneless Pork Belly **\$4.99** lb.

make it Italian tonight!

Barilla Specialty Pasta Gluten Free Or Protein+ 8.8 - 14.5 oz. Box 2/\$4 SAVE \$1.98 on 2	Best Yet Shredded Cheese 6 - 8 oz. Bag 2/\$4 SAVE \$1.38 on 2	Mama Rosie's Cheese Ravioli Or Potato Gnocchi 12 - 14.5 oz. Bag 2/\$5	Raffaella's Reserve Extra Virgin Olive Oil Arbequina • 750 mL Bottle SAVE \$2 \$15.99
Tuttorosso Tomatoes 28 oz. Can 2/\$3 SAVE \$1.78 on 2	Mutti Tomatoes Italy's #1 Brand! • Whole Peeled Or Crushed • 27.8 - 28 oz. Can 2/\$6 SAVE UP TO \$1.98 on 2	Near East Rice Pilaf Mix 12 - 14.5 oz. Bag 2/\$3 SAVE \$1.38 on 2	

farm fresh fruits & vegetables!



Sweet & Juicy
**Cosmic Crisp Or
Pink Lady Apples**
\$1.69 lb.



Sweet & Juicy
**2 lb. Bag
Sumo Oranges**
\$6.99 ea.



Great Sautéed! • Fresh
**Zucchini Or
Summer Squash**
\$1.69 lb.



Great For Guac!
**Imported
Hass Avocados**
4/\$5



Fresh
**Cut Watermelon
Chunks**
\$3.99 lb.



Great Sautéed Or In Salads!
**Loose
Sweet Onions**
\$1.29 lb.



Great For Soups Or Snacks!
12 oz. Bag • Sweet
Petite Carrots
\$1.99 ea.



Assorted Varieties • 5 oz. Pkg.
Olivia's **Organics**
Salad Blends
\$3.29 ea.

deli deals sliced to order!



McKinnon's **Own**
All Natural • Thanksgiving Style
**Turkey Breast Or
EverRoast Chicken Breast**
Boar's Head
\$9.99 lb. **YOUR CHOICE!**

Herbstman
**Honey
Ham**
\$7.99 lb.

Sharp White
**Plain American Cheese Or
NEW With Cracked Pepper**
\$5.99 lb. **YOUR CHOICE!**

Margherita
Hot Capicola
\$6.99 lb.

every kind of cheese to please!

100% Sheep's Milk
Imported • Chunk
**Pecorino
Romano**
\$9.99 lb. **SAVE \$2 lb.**

LOCAL From Waltham, MA!
5 oz. Chub Pkg.
**Salt & Twine
Artisan Salami**
\$6.99 ea. **SAVE \$2**

Assorted Varieties • 8 oz.
Parchment Wrapped
**Cabot
Cheddar Bars**
\$3.99 ea. **SAVE \$1**

Assorted Varieties
Fresh • 8 oz. Cup
**BelGioioso
Mozzarella**
\$2.99 ea. **SAVE \$1**

Made With Pure Sheep's
Milk • Imported French
**P'tit
Basque**
\$9.99 lb. **WOW! SAVE \$15 lb.**

fresh culinary creations!

With 2 Sides
**Boneless
Pork Chop
Dinner**
\$4.99 lb.

**Shrimp
Scampi
Over Pasta**
\$5.88 lb. **LENTEN SPECIAL!**

Made Fresh In Store!
**Vegetable
Lo Mein**
\$5.99 lb.

Great With Fish! McKinnon's **Own**
**Broccoli Crunch
Salad With Bacon**
\$6.49 lb.

Great With Fish! McKinnon's **Own**
**Superfood
Crunchy Salad**
\$7.99 lb.

fresh baked goodness

CHOCOLATE CHIP,
BLONDIES & MORE!
**4 Pack
Brownies**
\$5.49 ea. **SAVE 50¢**

**Angel
Food Cake**
\$5.99 ea. **SAVE \$1**

**Cinnamon
Rolls**
\$4.29 ea. **SAVE 70¢**

snack attack!



6-10.75 oz. Bag
Doritos Tortilla Chips
OR
3.25 - 10 oz. Bag
Cheetos Cheese Puffs
OR
7.25 - 9 oz. XXL Bag
Ruffles Potato Chips
\$3.99 **YOUR CHOICE!** **SAVE \$1.50**

**Chips Ahoy! Or
Oreo Cookies**
\$2.99 **SAVE UP TO \$3**

7.75 - 9.6 oz. Bag
**Utz Potato
Chips**
2/\$6 **SAVE \$3.98 on 2**

7.5 - 8 oz. Bag
**Chex Mix Or
Bugles Snacks**
2/\$5 **SAVE \$2.38 on 2**

10.5 - 13.58 oz. Box
**Hostess
Snack Cakes**
2/\$6 **SAVE \$3.38 on 2**

wake up to the best breakfast buys!



General Mills
12 - 16.8 oz. Large Size Box
**Lucky Charms
Or Cheerios
Cereal**
2/\$6 **SAVE UP TO \$6.98 on 2**

10 - 12 oz. Bag
**Dunkin'
Ground Coffee**
\$7.99 **SAVE \$4**

64 fl. oz. Bottle
**Mott's 100%
Apple Juice**
2/\$5 **SAVE \$4.18 on 2**

Albacore • 5 oz. Can
**Bumble Bee
Solid White Tuna**
2/\$4 **SAVE 98¢ on 2**

10.75 oz. Can • Chicken
Noodle Or Tomato
Campbell's Soup
2/\$3 **SAVE 98¢ on 2**



10-13 - 12.6 oz. Box
**Quaker
Cap'n Crunch
Cereal**
2/\$7 **SAVE \$3.58 on 2**

13 oz. Box
**Quaker
Life Cereal**
2/\$6 **SAVE \$2.98 on 2**

16 - 17.2 oz. Pkg.
**Dole Fruit
Bowls 4 Pack**
2/\$6 **SAVE \$1.98 on 2**

20 oz. Bottle
**Heinz Tomato
Ketchup**
\$3.29 **SAVE 50¢**

Microwave • 2.05 - 2.39 oz. Pkg.
**Kraft Mac &
Cheese Cups**
2/\$3 **SAVE 98¢ on 2**

clean up these deals!

Liquid
73 - 84 fl. oz. Bottle
**Tide Laundry
Detergent**
\$13.99 **WOW!** **SAVE \$7**

12.2 - 18 fl. oz. Bottle
**Dawn Dish
Detergent**
2/\$7 **SAVE 98¢ on 2**

Liquid • 11.25 fl. oz. Bottle
**Softsoap
Hand Soap**
\$2.99 **SAVE 50¢**

12 fl. oz. Cans • Diet Pepsi,
Mountain Dew Or
Pepsi Cola 12 Pack
\$6.99 **SAVE \$4**

50 fl. oz. Bottle
**FIJI Artesian
Water**
2/\$5 **SAVE 78¢ on 2**

Herbal • 20 ct. Box
**Celestial
Seasonings Tea**
2/\$7 **SAVE \$1.98 on 2**

14.5 - 24 oz. Jar
**Prego
Pasta Sauce**
2/\$5 **SAVE \$2.38 on 2**

giving you the dairy best deals!

52 fl. oz. Carton
**Florida's Natural
Orange Juice**
2/\$6 **SAVE \$5.38 on 2**

Dannon • 16 oz. Pkg.
**Activia Probiotic
Yogurt 4 Pack**
2/\$5 **SAVE \$2.38 on 2**

32 fl. oz. Bottle
**Planet Oat
Oatmilk Creamer**
2/\$5 **SAVE \$2.98 on 2**

18.6 fl. oz. Pkg.
**Danimals
Smoothies 6 Pack**
2/\$6 **SAVE \$1.98 on 2**

5.3 oz. Cup
**Two Good
Greek Yogurt**
4/\$5 **SAVE \$3 on 4**

5.3 oz. Cup
**ratio Keto
Friendly Yogurt**
4/\$5 **SAVE \$2.56 on 4**

frozen food favorites!

18.3 - 19.64 oz. Box
**Ellio's 9 Slice
Pizza**
\$3.99 **SAVE \$1**

9 - 13 oz. Pkg.
**J&J SuperPretzel
Soft Pretzels**
2/\$6 **SAVE \$1.98 on 2**

12 - 16 oz. Bag
**Dole Fresh
Frozen Fruit**
2/\$7 **SAVE \$1.98 on 2**

10 - 11.25 oz. Pkg.
**Pepperidge Farm
Garlic Bread**
2/\$5 **SAVE \$1.98 on 2**